

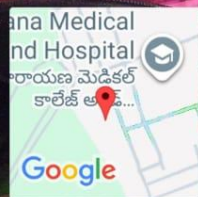
NARAYANA MEDICAL COLLEGE

Chinthareddy Palem, SPSR Nellore Dt. Nellore-524003

Screening for mental health disorders in women especially during sensitive periods such as pregnancy, postpartum, adolescence and menopause is critical for early detection and intervention, given the high burden of depression and anxiety and their adverse consequences for women and their families. In India, for example, the Edinburgh Postnatal Depression Scale (EPDS) has been validated in multiple perinatal settings, showing high sensitivity and specificity for detecting perinatal depression across diverse cultural and linguistic populations, when using appropriate cut-offs. However, significant challenges remain: many rural or low-resource areas lack mental health infrastructure, trained personnel, culturally adapted screening tools beyond EPDS, awareness among women about mental health symptoms is limited, and stigma often prevents help-seeking. For screening to be effective, tools must be locally validated, screening should be integrated into routine maternal and primary health care, there should be privacy and respectful communication, and systems must exist for referral, follow-up, and treatment once cases are identified.

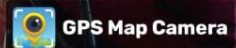
To address these issues, we at **NARAYANA MEDICAL COLLEGE, NELLORE** under **Swasth Nari, Sashakt Parivar Abhiyaan** conducted a screening for Eye related diseases with special focus on Diabetic retinopathy, cataract and macular degeneration on **25-09-2025**. Nearly 120 members attended to this program. **Dr. V.Seshamma MD,.** Professor & HOD, Department of Psychiatry organised the program with the help of PR & Marketing Team. **Dr.P. Sreenivasulu Reddy**, Dean Narayana Medical College and **Dr. M. Dorasanamma** Addl.MS and AGM Operations **Dr. Manju Prabha** delivered the inaugural speech on this program.





Nellore, Andhra Pradesh, India

C2g7+53x, Nellore, Andhra Pradesh 524003, India
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25/09/25 11:27 AM GMT +05:30



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