



# Elocution on Suicides Prevention Day -05/09/2022

NSS Unit Narayana Medical College, Nellore.

Venue – Narayana medical college and hospital, Nellore. Organized by NSS Unit Narayana Medical College, Psychiatry Department Narayan Medical College Hospital, Nellore. The Elocution was organized on 05/09/2022 [Monday] in Nellore in association with the psychiatric Dept, Nellore and Dr.Aanand reddy Professor and psychiatry department and Dr.Seshamma professor and HOD, psychiatry department, Narayana medical college, Nellore, Dr.M. Prasad NSS Programme officer and 10 NSS volunteers. Programme was supervised by Dr.C.Kumar[ Professor and HOD ] L.Balaji and DR SP RAO chaired as the Elocution masters and 20 student were participated.The Programme concluded with vote of thanks by Dr M Prasad.

Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3.



అత్రహత్యల పియంత్రణపై అభగాపాప తిజరం.



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Principal NARAYANA MEDICAL COLLEGE Chinthareddypalem, Nellore-3

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Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE 



# Role of teacher in society on occasion of teacher'sday - 5/09/2022

NSS Unit Narayana Medical College, Nellore. Venue – Narayana Medical College, Nellore Organized By NSS Unit Narayana Medical College, The programme was inaugurated by dignitaries, Dr. Surya Prakash Rao [Dean, NMC], Dr.C. Jyoti [professor and academic vice principal] and Dr.C.kumar [professor and HOD]. Doctors welcomed with flowers by NSS volunteers, Dr Surya prakashrao has conveyed teacher's day wishes and given speech on role of teacher in medical profession and in society. Dr.M.prasad, NSS programme officer, NMC, Nellore, 20 NSS volunteers and 180 faculty members have been participated in this programme. Dr.M.prasad concluded with vote of thanks.



NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLOBE-3

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#### Rally on World Suicide Prevention Day and Awareness Program 10/09/2022

September 10th is celebrated worldwide as World Suicide prevention day. An initiative by World Health Organization, International Association for Suicide prevention. The triennial theme chosen for the years 2021-2023 is "Creating hope through action". Every small action is a gesture to those with suicidal thoughts and can bring hope about a positive life. To commemorate this event, an awareness program was organized by Nellore psychiatric society, Department of Psychiatry of Narayana Medical College, NSS Units of Narayana Medical College, Narayana College of Nursing and Sri Narayana Nursing College, and Nellore Police Department. Following personals participated in the event Dr. Ramesh Balaji, President of Nellore Psychiatric Society, and the Superintendent of Police, Ch.Vijaya Rao, Additional SP Mrs. Himavathi (crime), Additional SP Mr. Abdul Shubhani (admin), Additional SP Mrs. Chowdeshwari, NSS program officers Dr M Prasad, Ms. Pallavi, Ms. Esther and Medical Students, Nursing Students and NSS volunteers. The program commenced with Welcome speech and messages by dignitaries followed by pledge administration by Dr. Gangadhar, later a Rally conducted from VRC to Mahatma Gandhi statue to create awareness about suicidal prevention. Lets hope for a Society where talking about suicide is normalised and people with such intentions are looked out for and given help at the right timeand with DR Prasad NSS programme officer and 50 NSS volunteers and 100 students are participated with slogans band karo band karo suicide karna band karo and live the life leave the suicide.



Principal Principal Vicinitian Officer Principal Vicinitian Officer NARAYANA MEDICAL COLLEGE NARAYANA MEDICAL COLLEGE Chinthareddypalem, Nellore-3

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Programme Officer NSS UNIT NARAYANA MEDICAL COLUCTE Chinthareddypalem, NELLOnc-3.

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#### NSS programme officer orientation training programme Report

From: 15-09-2022 to 21-09-2022

Held at: empaneled training institute (ETI) NSS Bhavan Andhra University, Vishakhapatnam

Submitted by Dr.M.Prasad, NSS Programme officer, Narayana medical college, chinthareddypalem, Nellore- 524003, Andhrapradesh ,India .

Phone no: 8801527888,Email: nss@narayanamedicalcollege.com, drmprasad@narayanamedicalcollege.com

#### S.NO DATE TOPIC TIMINGS RESOURCES PERSON 1. 15-09-22 Ice breaking session in auguration Bhagya Lakshmi Resistor history of philosophy of nss Thursday 10.00 to 11.30 Prof. Deekshithulu incentives of NSS function 12.00 to 1.30 Dr.Ashok Reddy 2.00 to 3.30 3.40 to 05.30 2. 16-09-22 Global working regular activities Prof .Udaybhaskharreddy special campaign programme Friday 10.00 to 11.30 Smt Anasuyadevi substances affiction 11.40 to 1.30 Smt. Manikya kumara 2.00 to 3.30 Dr.M.Abraham 3.40 to 5.30 3. 17-09-22 Roles of po's transformation life 10.00 to 11.30 Dr.Pratap skills BLS /Epilepsy public financial 11.40 to 01.30 M.Simhadhri Naidu managment system 2.00 to 3.30 Prof. Vivekananda 3.40 to 5.30 Sri. Sambamurthy 4. 18-09-22 10.00 TO 4.30 Field visit at St.Anes .degree college Dr.Bhagyalakshmi visakapatnam 5. 19-09-2022 Mythus and miss conception 10.00 TO 11.30 community mobilization NSS important days NSS orientation training with blood bank S.suganthi Prof. S.Harinath

#### CONTENTS

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				Dr.V. Ratnabharathi Dr.P.Ramachandhrarao Dr.Suganthi
6.	20-09-22	Food & nutrition importance of media child rights NSS Personality development	10.00 to 11.30 11.40 to 1.30 1.00 to 3.30 3.40 to 5.30	Dr.Sony Dr.Narasimhulu Dr.K.Apparao Prof.NAD Paul
7.	Validations session		06.00 to 1.30	

#### Empaneled training institute (ETI) Andhra university, Vishakhapatnam

#### NATIONAL SERVICE SCHEME

#### **ORIENTATION TRAINING PROGRAMME FOR NSS PROGRAMME OFFICERS**

Date : 15 to 21<sup>st</sup> September 2022 (7days)

Venue : NSS Bhavan , Andhra university

Submitted by Dr.M.Prasad, NSS Programme officer, Narayana medical college, chinthareddypalem, Nellore- 524003, Andhrapradesh ,India Phone no: 8801527888,

Email : nss@narayanamedicalcollege.com , drmprasad@narayanamedicalcollege.com

Session -1

e Officer

NSS UNIT

NARAYANA MEDICAL COLLEGE

Chinthareddypalem, NELLORE-3.

#### Tea break : 11.30 to 11.40

Resources person :Dr.Bhagya Lakshmi NSS DPO the following points are explained

- 1. How to convenience the community
- 2. Essential qualities of NSS PO
- > Credibility
- Rationality
- Powerfull communication
- 3. Differences between literate and educator
- 4. Advantages of education
  - Enjoyment

- Employment
- Enlightment
- Empowerment

Education leads to action, action leads to clear, itchanges leads to development leads to peace and harmony

"Vidyasarvaroganivarini"

Education is more important in our life.

Session 3:

Lunch break : 01 to 2pm

Resources person :Dikshithulu

Theme : History and philosophy of NSS

Time : 2.00 to 3.30 pm

Sir given lecture about history of NSS any education importance of student involvement in social work. 3 important requirements of NSS.

- 1. Education
- 2. Research
- 3. Extension.

Objective :

- 1. Education is the end any service is the main.
- 2. NSS is the part of cocorecular activity.
- 3. To make education , social elements of community service.

Themes under comes to NSS activities

- 1. Illiterate
- 2. Poverty
- 3. Education
- 4. Mass problem
- 5. Ignorance
- 6. Unemployment
- 7. Inertia
- 8. Mob attack



Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3. Session 4 :

Tea break : 3.30 to 3.20 pm

Resource person: Ashok Reddy

Theme: Benefits / incentive to NSS counter PO'S

Time: 3.30 to 5.00 pm

Sir started by chance or by choice of programme officers NSS unit

- NSS PO'S responsibilities
- NSS manual 2006 (last version)
- NSS renovates new manual .june 2022
- Ideas refer to existence following

NSS Volunteer "marks " based on

1.National award

- 2. Info v/s chia
- 3. International Youth Award.CSS
- 4. NIC Camp
- 5. NAC camp
- 6.RDProgramme

Record /files maintains NSS unit

- 1. Budget file
- 2. Volunteer information
- 3. Regular activities
- 4. NSS advisory committee
- 5. Tools
- 6. UnSubmission
- 7. Bills
- 8. Minutes meeting
- 9. Expenditure activities



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Budget allocation
<u>47,500</u>
regular activities (25,000)
Special camp 22500
New budget
Total 75,000
Regular 4000
Special 35000

DAY-2 16-09-2022

Session: 01

Resource person: Prof UdayBhaskar Reddy

Topic name: Environmental protection "Global warming " Causes, consequences

Sir explained about role of NSS and NSS PO'S in community services for environmental protection NSS is selfless service for development of community as well as personality development of volunteers.

Chlorofluorocarbons (CFC'S) are non-toxic non-inflammative chemicals contains atoms of carbon ,chlorine and fluorine. They are used in the manufacture of aerosol sprays ,blowing agents for fumes and packing materials as solvents and as refrigerates.

Large amount of reactive stratospheric chlorine in the forms of chlorine monoxide (CO) that could the ozone layer and observed by instrument 1992.

Use of CFC'S some chlorinated solvent should become obsolete in the next decode if the mounted protocol is observes by all parties and substitutes are uses. Today science is tomorrow nonsense finally information is "plant montunoes green cover green power any green Tech "

#### Session - 02

Tea Break: 11: 30 to 11: 40

Resources person :Dr.Anasuya Devi garu , St. Joseph college of women

Name of the topic: Regular activities

Time : 11: 40 to 1: 00pm

Objective : personality development through community service

Moto : Not me about you.

There are three types of activities in NSS

1. Regular activities (total year /20 hours)

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- 2. Special campaign programme
- 3. Other programme

Number of hours for regular activities 240 hours per 2 years

Regular activities: 1. Training (20 hours)

2. Campus work (30 hours)

3. Community work (70 hours)

4 days are required to train the NSS volunteers registration for one day, philosophy ,objective ,moto, activities ,description for one day NSS sonfg, ,patratic song ,folksong, should learn by volunteers community service.

Trust areas:

- 1. Gender equality
- 2. Environment issues.
- 3. Child labor
- 4. Child abuse
- 5. Blood donation camp.
- 6. Disaster management.

Other activities:NIC, MEGA, NIC, RD, PRERD, NAC, NYEHSP

#### Session 03:

Lunch break - 1:00 to 2:00pm

Resource person :Dr.K. Manikya kumara ,St. Joseph college of women

Topic : Special camp

Time : 2:00 to 3: 15 pm

Madam explained about what are components presents in special camp how to conduct precamp survey before applying for proposal any permission for conducting special camp.

- 1. Pre-camp survey.
- 2. Application and permission from principles
- Proposal submission with tentative schedule to NSS coordinator before one month.
- 4. Approval from NSS coordinator.
- 5. Index sheet prepare for expenditure for days.
- 6. Utilization certificate.
- 7. Select 49 volunteers 1 PO to special camp.
- 8. Take NOC from students' parents special camp.

Example: 1. Inauguration /registration Day -01

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- 2.Eye donation day -02
- 3. Blood donation day-03
- 4. Dental camp day- 04
- 5. Medical camp day -05
- 6. ICDS camp day -06
- 7. Validatory camp day -07



Session 04 :

Tea break : 3: 30 to 3: 40pm

Reourceperson :Dr.MutluriAbrahm

Theme : Subsatance abuse presentation college and university

Time : 3: 40 to 5: 00 pm

- 1. Prevention in colleges of 4 hours to drug abuses addiction.
- 2. Alocohol, cannabis, opiods, cocaine, heroin, sedatives.
- 3. Petrol, whitner, paints, spray, sanitizer.

#### Addiction :

- 1. Anability to stop doing or using sometimes harmful.
- 2. It is an extreme usage of sometimes harmful to body and family.

Cause for drug abuse : 1. Genetic factor

- 2. Bilogical factor
- 3. Occupattional factor
- Environmental factor
- 5. Psycological factor.

Cause of addiction :Intially use / experiment /Curiosity

Examples : Abuse , tolerance , dependence ,mental health issue .

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Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3. Effects of substance abuse : Education ,unemployment ,HIV,violence.



DAY -03

Time : 10: 00 to 11: 30

Session:01

Resource person :Dr.G.Vijayapratap

Time : Role of PO'S transform to you responsibilities citizen.

PO'S should be strong the sincerity towards duties.

- Try create your own brand value.
- Try to line in the presence.

5 Activities - Regular, special, seasons, spontaneous, emergency.

P- Powerful ,pleasant ,positive, protective ,omnipotent , polite, passionate.

R- Raises ,Rapo, resourcable,

0 - Obsrver, omnipotent, optimistic, obedient,

G- Generous, Good hearted, genial, guiltness,

R- Reliable , Razersharp, Respectable.

A- Accomplisher, Alternater, Accountable, Ambitious, Amicable.

M- Mesmerizer , mugnanimious ,

M- Motivator, multilinguistic, Multidisciplinary.

E- Efficient, Enthustic, Exothine.

O- Oritar,

F- Focus, fearless

F- Feminist, Flarous.

I- In spirer, Industrious , icebreaker

C -Capture, caring.

E - Encourager, Emotional, Extra-ordinary.

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nme Officer

NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3. R- Reformer, reality, readily.

Session - 02

Tea break : 11: 30 to 11:40

Resource person :M.Simhadhrinaidu ( AUN Colleges )

Theme :Lifwe skills

Time : 11:40 to 1:00pm

As defined by WHO 1993 abilities for adaptive & positive behaviour that enable individually to deals effectiveness with the demands and challenges of ofevery day life.

Skills are 3 types : Social

Thinking

#### Emotional

THINK ( True, help, inpire ,needful ,kind)

Critical thinking: Formulation your question as certain the situation.

Problem solving : Effective communication.

Seldfawareness : Physical strength , social strength.

Decision making : Super most

Johari window

Known to others

Not known to others

	Known to self	Not known to self	
Known to others	Open area	Blind area	
Not known to others	Hidden area	Unknown area	

Session -03

Lunch break : 1: 00 to 2: 00pm

Resource person : Prof. Vivekananda garu ( DRNTRHS)

Theme : B.L.S chocking seizures

Time : 2:00 to 3.30 pm

CPR Mechanism – first we observe his /her response then observe carotid pulse push hard fast on the center of the persons chest in a fairly rapid rhythm – about 100 to 120 comprises a minute. If an automated external defibrillator is immediately available any the person is unconscious follow the device instructions for using it.

Chocking :



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 The universal sign for chocking is hands clutched to the throat. Inability to talk, difficulty breathing, /noisy breathing Squeaky sounds ,cough, loss of consciousness.

Give 5 back blows stand to the stand to side and just behind a chocking adult.chid ,pregnant is different types of helath.

Epilepsy : (seizures)

Stay calm any remain with the person.



Session 04 :

Tea break : 3: 30 to 3: 40

Resourceperson :Dr.Sambamurthy

Theme : PFMS Portal ( Awareness )

Time : 3: 10 to 5: 00pm

- 1) Bills should have bill no any GST.
- 2) Bill amount 500 paste a stamp.
- 3) Observe each and every bill carefully
- 4) Maintain regular NSS accurent without mistakes.
- 5) Submit account before end of the march 31<sup>st</sup> of every year.
- 6) May be in future NSS account changes into PFMS
- 7) So payment through PFMS.
- Note down expenditures , advances , digital payments etc.
- 9) Print, payment, advance.
- 10) Main account to child account.

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M. Brand

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#### DAY - 04Field work starting from NSS Bhavan 10: 00 AM

As a part of NSS orientation and training of programme officers field trip was organized on 18-08-2022. On behalf of ETI ,NSS Andhra university Vishakaptnam.

#### Tea break : 11: 30 TO 11: 40

All the programme officers visited S.T.Ann's Degree college for women malkapuram shared their experience and awards from their uniots in the college.

#### Lunch break : 1: 30 to 2: 00pm

As a part of filed trip a rally was organized the college to Prakash nagar, 7 temple raod junction at Dr.Ambedhkar statue to create awareness on importance of education ,eradicate child marriages and women empowerment.

After completion of rally all PO'S visited public rally with library Prakash nagar which was established with the help of NSS unit of St. Ann's degree college for women and ex-corporation kannababu librarian local leaders.

In this event honourable dignitaries S.Prema , Anasuyadevi, Dr.Bhagyalakshmi local leader participated and given lectures.





Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLONE-3.

#### DAY -05

Session -1:

Resource person :Dr.Suganthi director A.S Raja

Session -3 :

Resource person :Ratnabharathi

Theme : NSS importance

Time : 2:00 to 3:30

NSS moto : Not me but you the spirit of democratic living emphasizes services.

#### NSS important days :

January: 12 th national youth day

National girl child day

Voters day

Republic day

#### Martys day

March : 8th international womens day

21st world forest day

April : 7th world health day

#### 14th Dr. Ambedhkarjayanthi

#### May :1<sup>st</sup>labour day

21stanti terrorism day

31st world no tobacco day

June : 5th world world environmental day

21<sup>st</sup> international yoga day

26 th drug abuse day

#### July : 1" -7" vanamahostav week

11<sup>th</sup> world population day

8th - 14th international library week

August : 15th independence day

20<sup>th</sup>sadbhavanane day ( late PM sri Rajeev Gandhi birth day )

September : 5<sup>th</sup> teachers day

8th international literacy day



Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3. September : 10th world suicideprevention day

15<sup>th</sup> international peace day

16<sup>th</sup> world ozone day

24<sup>th</sup> national NSS day

29th world heart day

Octomber : 1st national blood donation day

1" week communal harmony week

2<sup>ad</sup>gandhijayanthi /communal harmony day

31<sup>st</sup>ekthadiwas/ national unity day/ sardarvallabhaipatel birthday

November : 11<sup>th</sup> national education day 2008

19th national integration day

26th constitution day

27th indian organ donation day

December : 1st world AIDS day

10th world human rights day

Session : 4

Tea break : 3: 30 to 3:40 pm

Resource person :Dr.P.Ramachandrarao

Theme : NSS orientation

Time : 3: 00 to 4: 30

Sir stated with national service scheme importance of value.

- Overall personal development of the student through community service.
- Understand the community where we live
- Develop competence skill
- Gain skill in mobilization
- Acgiuresleadership quanlities& democratic activity
- Develop capacity
- NSS song importance
- NSS volunteers duties and roles of activities
- Relief & rehabititation day special programmes importance any eligibility
- Earn a reward a special camp /national camp 240 hours -2 years 120 hrs -one year

National award branch 30 to april 1stPO 30 years. ٠

Principal 2003

Chinthareddypatem, Nellore-3

M. Pravat mme Officer Progra

NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLOhz-3.  A.S raja conducted by organization any role of NSS in to society topics.blood bank visit to all PO'S

**DAY -06** 

Session : 1

Resource person :Vadarevu Sony ( Assistant prof. St. Joseph college )

Theme : Nutritional Transmission and disease in the community

Time : 100: 00 to 11: 30

Scheme : Know what is poshamAbhiyaan

Aim and objectives and benefits

- 1) Stunting of children
- 2) Low birth weight

3) Under nutrition

- Prevent and reduce stunting in children (0-6 years)
- Prevent and reduce under nutrition under weightweight preventive in children (0-6 years)
- Reduce the preventive of anaemia among women any adolescent girls in the age group of 15-49 years.
- Overnutrition /undernutrition
- BMI > 25 (PREOBESITY)
- 30 OBESITY
- Nutritional balance of food fortification of converted with PO'S involves into community give nitrition awareness.

Session : 1

Tea break : 11: 30 to 11:40AM

Resource person :V.Narasimham

Theme : Media

Time : 11: 1:00pm

Resource group :whats group

Invitation to all media reporters

Lively photo required horizontal photo

Before and after photo

First half :

V.Sony(Asst.Professor ) 57 joseph talked about nutritional transition and disease in the community poshanabhiram.

Enneipal

SAYANA MEDICAL COLLEGE Shinthareddypalem, Nellore-3

Aim : Stunting of children

WW birth weight of babies

1. Provet

Programme Officer NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3. Under nutrition

Prevalence anaemia

Objectives :

1.Prevent and reduce stunting children (0-6 years)

Prevent and reduce under nutrition ( under weight prevalence) in chidren (0-6 years )

3.Reduce the prevalence of anaemia among woman and adolescent girls in the age group of 15-49 years.

4.Reduce the prevalence of anaemia among young children (6-59 months)

5. Reduce low birth weight (LBW)

6.Vitamin B12 folic acid important for anaemia.

7. Micro nutrients vitamins & minerals.

8.Micro nutrients carbohydrates ,fats.

9. We can't strip carbohydrates fats.

Classification based on weight for age :

<60 % weight for age – grade III mainutrition

61-75 % weight for age – grade II malnutrition

76-90% weight for age - grade I malnutrition

> 90% weight for age –Normal

Classification based on height for age stunting

<85%expected height for age – serve retarded

85-90 % expected height for age - moderate retaedation

90- 95 % expected height for age - mild retardation

>95% expected height for age - normal.

#### Presumptive Diagnosis BMI

Chronic	Energy deficiency Grade – III sev	/ere	< 16.0
Chronic	Energy deficiency Grade – II mod	lerate	16.0 -17.0
Chronic	Energy deficiency Grade – I mild		18.5 - 20.0
ww weight normal		20.0-25.0	

20.0 - 25.0

1. Essential aminoacids eggs, milk

2. Non- essential aminoacids cereals , pulses etc.

Pregnant women needs 2000 % 300 k.cal need extra 15 gms proteins

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- 4. Anaemia, gulimia, binzeating leads to adolescensceanaemia
- 5. Hygiene is important.
- 6. Quality of food is important not the quantity.

#### Second half

- Vedula .Narasimham( public relation officer ) journalist , all india radio give important instructions to PO'S how to prepare press report and important contents.
- 2. Publicity is important
- Create whatsapp group for reporters.
- 4. Time , venue , place , names important.
- 5. Different photoclips, and live & action photos.
- 6. Invitation.
- 7. Clipping kept in file.
- 8. Information limit based on event.
- 9. Importance of news.
- 10. About important guests.
- 11. Concentrate on environmental issues.
- 12. Neat photoclips, horizontal
- 13. Genuine photos .
- 14. Minute to minute planning.
- 15. Select guest and points noted.
- 16. Photos & messages are clear & correct.
- 17. Appreciate reporter , maintain good interaction & relation.

#### Third half :

- A.P statechilkd rights commissioneratecharimanK.Apparao sir and member seetharam give grate awareness about child labour& early marriages.
- Clild marriages 40 % below 18 years .
- 15-18% not intersted in studies.
- Eradicate child marriages completely.
- Please try to join hands together and let us play vital role.
- Child labour act 2004 NCLP (National child labour project sanctioned by (NGO'S)
- Identify child labours in areas.
- Child welfare committee.



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- Adolescence considered vulnerable phase.
- Crimes due to social media.
- Illegal adptation affairs.
- Surrogacy increase.
- Lack of family interaction and relation.
- Wrong parenting,85% parent mistake.
- Parents are responsible for these issues.
- Dropouts migrate.
- Begging, sexual harrasement (Alcholic/Mobile).
- Child trafcking.
- 880-children care institues.
- Right education act.
- Child marriage.
- Adaption.
- Human rights.
- Street begging.
- Mentally retarded children.
- Sex determination.
- Child labour.
- Issues related family courts.
- Begging.
- Lack of lodging & boarding.
- Disabled children
- Any issue regarding these topic contact <u>apscpcr2018@gmail.com</u>
- N.A.D paul (director of academic studies a.u) talked about youth employment.
- Proud to be N.S.S P.O. we have to balance pressure and pleasures.
- Both are invitable in NSS.
- Students are powerful youth.
- India is the hub of the youth.
- If we cant't expecting anything voluntary service.
- · We are the leaders in the camous we have to to do social war he/ she do service.

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- A grate job so duties assign to you.
- Construction towards the society.
- Those whose concern towards society we should cultivate , service, sacrifice, love, dedication.
- Space is more important.
- Transform the life of the youth transform into non adjustment to adjustment.
- NSS act as a transformer.
- Sympathy to empathy.
- PO'S act as junction box.
- NSS meant for change remove remarks.
- Anywhere poverty dangerous to prosperity.
- Social adjustment , cultivate.
- Through practical cultural knowledge build a personality developed through community service volunteer.
- Finally all the PO'S devided into groups .For each group give a topic to prepare and explain a diagrammatic or pie or venn diagrams.
- Adapt plant to every student.

Session : 3

Lunch break : 1:00 to 2:00pm

Resource person : NAD PAUL

Theme : Personality development through NSS

Time : 2:00 to 3:30 pm

- Youth empowerment
- Both pressure any pleasure any there
- Both invitable
- As a NSS programme officers you have balance the things.
- Power sect9oris students.
- NSS is volunteers services.
- Socail vaccination
- Construction of young volunteers
- Those have concern he must be pressure.
- Space is required for human.
- NSS Volunteers : NSS is a weapo

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NSS UNIT NARAYANA MEDICAL COLLEGE Chinthareddypalem, NELLORE-3.  NNS programmeofficer : NSS modifier change any poverty ,social assessment ,incolitate culture ,social ensure,social sector.

Session - 04

Resource person : NAD PAUL

Theme : Cultural session

Time : 3: 40 to 5: 00

- National integrity programme
- Given lecture about blood donation
- Organ donation impartation
- Lecture ,PO,parent (NSS role)
- Environmental role of NSS volunteers
- Culture activity more aspect in our college
- Tree importance
- Tree adaptation incultivate tree in community service.
- Group discussion any one interaction.

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## Mega health camp on occasion of NSS formation day -24/09/2022

NSS Unit Narayana Medical College, Nellore.

Venue: Thotapalligudur, RHTC, Nellore. Organized by NSS Unit Narayana Medical College and Narayana General And Superspecialty Hospital, Nellore. The mega health camp on occasion of nss formation day was organized on 24/9/22[monday] in thotapalligudur. The camp was inaugurated by Dean of narayana medical college DR.S.P.RAO and guest of honour dr b.hari prasad [medical superintendent NMC and Hospital ]DR K.Manju [Asst medical superintendent NMC and [Manju [Asst medical superi

30 Interns of all departments, 20 Faculty from all Departments, Dental Doctors, and 10 NSS volunteers created awareness about the health and hygiene of both personal and environmental, medical assistance and treatment provided to people by medical and dental doctors along with their team.Dr.M.Prasad NSS Programme officer concluded with vote of thanks.



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### Quiz programme on eve of world rabies day -28/09/2022

NSS Unit Narayana Medical College, Nellore.

Venue – Narayana medical college and hospital, NELLORE, Organized by NSS Unit Narayana Medical College and department of community medicine, Narayana medical college, Nellore. The quiz programme on rabies was organized on 28/9/22 [Thursday] in Narayana medical college, for final year MBBS part 1. programme was inaugurated by DrS.P.Rao [Dean, Narayana medical college, Nellore]. programme was supervised by DR.C. KUMAR [ PROFESSOR AND HOD] and dr .c jyoti [professor and vice principal of academics] DR SP RAO chaired as the quiz master. Four teams taken part in the quiz Programme among them team C stood first as winners and team A stood as runners. DR prasad NSS programme officer16 students and 15 NSS volunteers have been participated. The programme concluded with vote of thanks by Dr M Prasad.







# Medical ethics and social responsibility -29/9/2022

NSS Unit Narayana Medical College, Nellore.

Venue – Narayana medical college and hospital, NELLORE. Organized by NSS Unit Narayana Medical College. The programme was organized on 29/9/22 [Friday] from 03:00 pm to 04:00 pm at Narayana Medical College and hospital. The programme was inaugurated by dignitaries, Prof M.V Rao of Department of Anatomy, Dr.Battram Visewswara Subramanyam [former HOD and professor forensic medicine], D. Surendranathreddy, pasamyadagiri [sr journalist] DR SP RAO [DEAN, Narayana Medical College, Nellore. Sr journalist pasamyadagiri said that the young doctors who have completed their education should treat the people of rural areas, strive hard to provide best medical services. he appealed to young doctors to wellbeing of the society to realize the social responsibility and medical ethics. Dr M. Prasad NSS programme officer, 250 MBBS students and 10 NSS volunteers have been participated in this programme and made it successful. The programme concluded with vote of thanks by Dr M Prasad.



Programme Officer NSS UNIT NARAYANA MEDICAL COLI FGE