



NARAYANA
MEDICAL COLLEGE



WEST ZONE PRE RD CAMP Dated:18/11/2022 TO 30/11/2022

The National service Scheme (NSS) West Zone Pre Republic Day Parade Camp-2022 was held in Anand- Gujarat at Sardar Patel University during the period 20-11-22 to 29-11-22. There was a total of 44 NSS volunteers were selected to attend the prestigious camp this year which briefs 22 male and 22 female volunteers along with 1 male program officer- Dr. M Prasad Naidu from Narayana Medical College and Hospital, Nellore.

WEST ZONE PRE REPUBLIC DAY PARADE CAMP- 2022

Dr. M Prasad Naidu, Program officer, Narayana Medical college - Nellore,
Affiliated to Dr. YSR UHS- Vijayawada. AP State Contingent Leader.

LIST OF NSS VOLUNTEERS FROM Dr. YSR UNIVERSITY OF HEALTH SCIENCES:

D. REDDY JIISHNU from Narayana Dental College- Nellore

Y PAVAN KALYAN from Anil Neerukonda Institute of Dental Sciences- Vishakapatnam

J KRISHNAVENI from SIBAR Institute of Dental Sciences- Guntur.

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The contingent of Andhra Pradesh arrived at the accommodation on 19-11-2022 and received a warm welcome by the volunteers of Sardar Patel University.

Programme Officer
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Chinthareddypalem, NELLORE-3.

Principal
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DAY 01: 20/11/22

As a part of this camp, the morning started with few Warm ups and Yoga. All the NSS volunteers of different states practiced Parade as per the schedule and the evening glowed up with the inauguration program and cultural performances of the volunteers of various states. Track suits were being sponsored by Government of Gujarat to all the NSS volunteers, who are part of the camp. The day ended with collection of memories for each and every volunteer through multiple activities. The food provided here is subtly awesome in Gujarati style. This remains as a red letter day in the lives of the volunteers.



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DAY 02: 21/11/22

the second day at camp started pleasantly with few warm ups, yogasanas and meditation which is the mind body complementary medicine. Parade has been practiced by the volunteers in the morning and evening accordingly. The performance of Telangana state NSS volunteers lite up the night with their fabulous performances in cultural. On the whole, another day is well spent at the camp by the joyous and dynamic volunteers.



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DAY 03: 22/11/22

The day began with a lot of opportunities and responsibilities as it was the day for Andhra Pradesh to present its rich and varied culture. Simultaneously we attended the remaining activities such as morning yoga followed by a vigorous Parade practice. Later we gathered and got dressed for the cultural evening and with pride we performed the art forms of the state such as Kara saamu, Kolaatam, kuchipudi, lambadi, chekkabhajana, bomalaatam and folk. We received good appreciations from other states. Dinner followed the schedule and POs meeting was held to discuss the good and flaws for correction



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DAY 04: 23/11/22

The day began with a yoga session of one hour followed by breakfast. A vigorous Parade practice was held from 8:00AM to 12:00 Noon. Post lunch an academic session was held where guests of honor spoke and educated the students. Snacks followed by a parade session was held where the volunteers developed their skill in parade. Cultural was performed by the volunteers of Maharashtra followed by dinner and a POs meeting was held which ended the day



DAY 05: 24/11/22

the schedule ran as per time begins with a yoga session followed by breakfast, parade practice, lunch, and for the academic session, we were taken to vidhyanagar community science center where the students explored science. This was later followed by a parade session and in the evening the cultural was presented by team Gujarat. Dinner followed the time told and later attended the POs meeting and ended the day by encouraging volunteers to get prepared for presenting state culture to the selection committee the next day.



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DAY 06: 25/11/22

The daily routine happened in the same manner and the parade was taught in Sastri ground of Sardar Patel University- vallabvidya nagar. Followed by lunch and practice time was allotted to volunteers for cultural preparations. Andhra Pradesh volunteers chose the theme of Bramhotsavam and represented it beautifully and received great applause from all the dignitaries. It was a great moment for Andhra Pradesh team. The day finally concluded with a POs meeting following dinner.



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DAY 07: 26/11/22

the physical activity session was held and the volunteers were given time to get ready for their parade selection round and interviews. All the volunteers gathered at the ground in parade uniforms and chest numbers were allotted to everyone. Group parade was done in front of the selection committee and later the female volunteers attended the Personal Interview session while the male volunteers continued their parade practice. Later in the evening, the male volunteers had to perform a 1min cultural performance in front of the selection committee where marks were allotted according to their performance. The day ended with a POs meeting following dinner.



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DAY 08: 27/11/22

The day began with a yoga session followed by breakfast. Today the male volunteers had their Personal interview while the female volunteers continued their parade practice. Followed by lunch, we had an academic session by the NSS HEAD Dr.Kamalakar sir and RD Chief Director Mr.Patnayak sir who discussed about various aspects of NSS and motivated the students.afterin the evening the cultural selections took place for the female volunteers followed by dinner and POs meeting



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DAY 09: 28/11/22

The day began with a regular physical workout session and yoga. Following breakfast we had a parade practice session at Sastri ground of Sardar Patel University. Simultaneously, a Program Officers interview/ selection was completed by NSS Head, RD Camp Head- New Delhi and Regional Director sir. The personal time given to the volunteers was well utilized by preparing for the cultural evening. Following lunch, we had an academic session addressed by an NGO officer and environmentalist who spoke about the importance of Wildlife conservation and protection which was very educational and informative. Snacks was provided at the auditorium premises and it followed an hour of parade practice. Later time was given for the volunteers to get dressed for the cultural events. It was a vibrant and energetic event were all the volunteers tried to give their best as this was the last cultural evening of the camp. It was a rollercoaster of all the emotions with inspiring speeches by the dignitaries that set a carry home message to all the volunteers.



Mr. Prasad

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DAY 10: 29/11/22

It was the final day of the camp and it was a mixture of all the emotions. The hard work of all the volunteers have thus come to a successful end with dreams and everyone had their fingers crossed for being selected to the most prestigious Republic Day Parade Camp 2022. The valedictory ceremony was held addressed by the honorable dignitaries and guests of honor. Certificates were distributed to all the volunteers awarding their brilliant efforts and hard work throughout. Few volunteers were called on to the dias to share their experience And thus, arrived the end to an amazing experience that will remain the hearts of the volunteers throughout.



M. Ranaj
Programme Officer

NSS Programme Officer
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