## WORLD BREASTFEEDING WEEK – 1st to 7th AUGUST 2022

On the occasion of World Breastfeeding Week 2022, the Department of Community Medicine, Narayana Medical College, Nellore conducted awareness session at Anganwadi center, Yerragunta Village, Venkatachalam mandal, Nellore.

## Highlights of the activities conducted at Anganwadi center:

- 1) Prior to the awareness session (2 days before), orientation was given to all CRRI's posted at RHTC, Venkatachalam about the event. CRRI's were trained about the common health education messages in Telugu which is to be delivered to all the women attending the event and about group discussion method.
- 2) On the day of event, opening speech was delivered by Dr. A. Divya sree, Senior Resident, Dept. of Community Medicine. Around 30 pregnant women and Nursing mothers participated. The purpose of our visit was explained briefly and all the women were divided into 5 groups. To each group, 2 CRRI's and 2 MBBS students were allotted and health education regarding breastfeeding was given to them and also all their queries were answered. Each group is monitored by a post-graduate and a faculty from community medicine department.
- 3) Snacks were distributed to all the women at the end of the event.
- 4) Event is done along with NSS department of Narayana Medical College, Nellore









