

Narayana Medical College, Nellore

Weeks																																	
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
Anatomy	Foundation Course	Unit I						Vacation						Unit II				Unit V		I Examination		Unit III		Unit V	Vacation	Unit IV						Unit IV	
Physiology																																	
Biochemistry																																	
Others(Com Med, AETCOM,																																	
2019	August				September				October				November				December				January				Feb								
Weeks	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56					
2020	March				April				May				June				July				August				September								
Anatomy	Unit VII				II Examination		Unit VI						Vacation		Unit VI		Unit VIII		Unit IX	Revision Tutorials		III Examination		Preparation Holidays		Examination							
Physiology																																	
Biochemistry																																	
Others(Com Med, AETCOM,																																	

Block I: Unit I, II and V

Block II: Unit III, IV and VII

Block III: Unit VI, VIII and IX

Block	Unit	Anatomy	Physiology	Biochemistry	Linker Sessions	AETCOM
ONE	I	Tissues & Histology Embryology General Anatomy	General Physiology	Basic Biochemistry Molecular Biology Extra cellular Matrix Oncogenesis and Immunity	Ischemic Heart Disease Polycystic Ovarian Syndrome	Module 1.1 & 1.2 carried out during foundation course Module 1.5
	II	Locomotor System	Muscle-nerve Physiology	Metabolism and homeostatis		
	V	Respiratory system Cardiovascular System	Blood CVS	Chemistry and Metabolism of Lipids		
TWO	III	Anterior Abdominal Wall Posterior Abdominal Wall Abdomen Pelvis Sectional Anatomy	RS Renal	Nutrition Chemistry and Metabolism of Carbohydrates Chemistry and metabolism of Proteins	Malnutrition Diarrhoea Anemia	Module 1.3
	IV	Genetics				
	VII	Excretory System	GIT Endocrinology	Enzymes		
THREE	VI	Nervous System Cranial Nerves Vertebral column	Neuro Physiology Integrated Physiology	Biochemical Laboratory Tests	Stroke Parkinson's disease Renal Diseases Diabetes Mellitus	Module 1.4
	VII	Head and Neck	Reproductive Physiology			
	IX	Special Senses	Special Senses			

NARAYANA MEDICAL COLLEGE

Chinthareddypalem, Nellore - 524 003. A.P.

ACADEMIC CALENDAR FOR I M.B.B.S (2019-20 Batch)- FOUNDATION COURSE

From 01/08/2019 to 31/08/2019

S. No.	Date & Day	9.00 - 10.00	10.00 -11.00	11.00 - 12.00	12.00 - 01.00	02.00 - 03.00	03.00 - 04.00	04.00 - 05.00
1	01-Aug-19	Dean Address	Introduction of Faculty I MBBS		Other Faculty Introduction	Parents, Students & Teachers Meet		
	Thursday							
2	02-Aug-19	Rules and Regulations of the Institute	Facilities available at the institute	Curriculum Description and the need for the revision, salient features and self directed learning	English Language Batch A, B Computer Skills Batch C,D,E	Students career pathways and personal growth	Expectations of patients from doctors: Focus Group Discussion with community members/ patients from the wards/ general urban community members	
	Friday							
3	03-Aug-19	Poster Competition Nutrition Week Celebrations			English Language Batch C,D,E Computer Skills Batch A, B	Time Management	Visit to Kitchen Batch A Visit to Anganwadi Batch B Visit to Malnourished Children ward Batch C Nutrition Myths & Misunderstandings Batch D FGD on Balanced Diet Batch E	
	Saturday							
	04-Aug-19	HOLIDAY						
	Sunday							
4	05-Aug-19	Role of various levels of health care delivery system	What are various skills, how to acquire them and certification of skills, methods of assessment	University Rules regarding Examinations and attendance	English Language Batch A, B Computer Skills Batch C,D,E	How to face examinations in a stress free manner. Examination structure and tips	Expectation of the profession from its members: Focus Group Discussion- Meeting the IMA/ IAP/ FOGSI members. Delphi Method	
	Monday							
5	06-Aug-19	Learning Skills: Pedagogy	Learning Styles and Strategies	Self Directed Learning	English Language Batch C,D,E Computer Skills Batch A, B	Group Learning & Peer assisted learning	What the student Expect: From the society and Nation. Batch A, B Focus Group Discussion on violence against doctors and the student expectations from the Institute, Batch C, D From the society and nation; from the institution; from teachers; from peers and colleagues; and from patients Batch E	
	Tuesday							

6	07-Aug-19	Documentation	Medical Record Maintenance	Facilities available at Library: Live Demonstration of the Useful websites and video sites		Working within a health care team	Facilities available at the Institute: Field visit Library, hostels, Sports, Common rooms, Hospital, Emergency
	Wednesday						
7	08-Aug-19	Communication with families and relatives of patients	Reflection on Student Expectations	Role of various levels of health care delivery system: Field visits to peripheral health centres		Reflection on Orientation Program	Simulation as a method of learning: Simulators Batch A Gender Sensitivity Role Play: Hospital Setting Batch B Interpersonal Communication: Role Play Batch C Unethical Behaviour Focus Group Discussion Batch D Role Play / Demonstration: Hand washing Batch E
	Thursday						
8	09-Aug-19	Doctors Role in Society: Expectations of society from doctors	Roles and responsibilities of doctors: Theory class	Anti Ragging Laws	Gender sensitivity: Theory class includes legal issues Gender social Security measures available at College, District and National level.		Simulation as a method of learning: Simulators Batch B Gender Sensitivity Role Play: Hospital Setting Batch C Interpersonal Communication: Role Play Batch D Unethical Behaviour Focus Group Discussion Batch E Role Play / Demonstration: Hand washing Batch A
	Friday						
9	10-Aug-19	Professionalism	Attitude and how to measure it	Behaviour and behaviour change	English Language	Ethics & Unethical Behaviour	Simulation as a method of learning: Simulators Batch C Gender Sensitivity Role Play: Hospital Setting Batch D Interpersonal Communication: Role Play Batch E Unethical Behaviour Focus Group Discussion Batch A Role Play / Demonstration: Hand washing Batch B
	Saturday						
	11-Aug-19	HOLIDAY					
	Sunday						
	12-Aug-19	BAKRID HOLIDAY					
	Monday						
10	13-Aug-19	Value of integrity honesty and respect during interaction	Needle Prick injuries: Post exposure	Immunisation requirements of Health	Computer Skills	Biosafety: Concepts and Practice methods	Simulation as a method of learning: Simulators Batch D Gender Sensitivity Role Play:

	Tuesday	with peers, seniors and faculty other health care workers and patients	treatment	Professionals			Hospital Setting Batch E Interpersonal Communication: Role Play Batch A Unethical Behaviour Focus Group Discussion Batch B Role Play / Demonstration: Hand washing Batch C
11	14-Aug-19	Biomedical waste management: Hospital waste segregation methods	Biomedical waste management: Hospital waste Disposal methods including incinerator	Community Health Centre Staff Pattern and health care delivery system in Urban and rural areas	Local Language	Role of handwashing in preventing spread of Diseases: Video	Simulation as a method of learning: Simulators Batch E Gender Sensitivity Role Play: Hospital Setting Batch A Interpersonal Communication: Role Play Batch B Unethical Behaviour Focus Group Discussion Batch C Role Play / Demonstration: Hand washing Batch D
	Wednesday						
	15-Aug-19 Thursday	INDEPENDENCE DAY HOLIDAY					
12	16-Aug-19	Communicating the sad news	Health care workers role: Anganwadi Worker, ASHA and Medical Officer	Communicating sad news: Role play	Introduction to alternate health care systems and their relevance and relationship to the practice of modern medicine	Biosafety demonstration in Labs Biosafety Demonstration Operation theatres Batch A, B Biomedical Waste Common treatment facility visit Batch C,D Disaster Management Control Room Batch E	
	Friday						
13	17-Aug-19	Ayurveda and Yoga: Role in Health	Relating Patients Experience to Disease: Myths and Traditions	Biosafety Demonstration: CSSD	Social Welfare: Health insurance	Biosafety demonstration in Labs Biosafety Demonstration Operation theatres Batch C,D Biomedical Waste Common treatment facility visit Batch E Disaster Management Control Room Batch A,B	
	Saturday						
	18-Aug-19 Sunday	HOLIDAY					
14	19-Aug-19	National health priorities and policies	Universal precautions and vaccinations	Sports Committee	Patient safety and biohazard safety	Principles of primary care (general and community based care)	Biosafety demonstration in Labs Biosafety Demonstration Operation theatres Batch E Biomedical Waste Common treatment facility visit Batch A,B Disaster Management Control Room Batch C,D
	Monday						

15	20-Aug-19	The academic ambience	Use of Information Technology in Health Care delivery and improvement	Biohazard safety precautions	Written English	FGD / Demonstration Biosafety	Yoga Practice
	Tuesday						
16	21-Aug-19	What is self directed learning: How to improve it?	Evolution and progress of medicine, great personalities and Nobel winners	National health policies	Spoken English	Demonstration of ICT in Health	Meditation Practice
	Wednesday						
17	22-Aug-19	Health policies & Economics	Health Policies & Politics	Health Problems in Nellore	Story Telling in Medicine	Useful web sites in Medical Education Practice Session	Sports Practice
	Thursday						
	23-Aug-19	SRI KRISHNASTAMI HOLIDAY					
	Friday						
18	24-Aug-19	Health Education Methods	Writing Health Messages Practice Session	Principles of ethics in medicine	Useful web sites in Medical Education Practice Session	Sports Practice	
	Saturday						
	25-Aug-19	HOLIDAY					
	Sunday						
19	26-Aug-19	BLS Training / Batch A, First Aid Training / Batch B Quiz on Foundation Course / Batch C, Debate in english / Batch D Small Group Discussion on Ethics / Batch E				BLS Training / Batch B, First Aid Training / Batch C Quiz on Foundation Course / Batch D, Debate in english / Batch E Small Group Discussion on Ethics / Batch A	
	Monday						
20	27-Aug-19	BLS Training / Batch C, First Aid Training / Batch D Quiz on Foundation Course / Batch E, Debate in english / Batch A Small Group Discussion on Ethics / Batch B				BLS Training / Batch D, First Aid Training / Batch E Quiz on Foundation Course / Batch A, Debate in english / Batch B Small Group Discussion on Ethics / Batch C	
	Tuesday						
21	28-Aug-19	BLS Training / Batch E, First Aid Training / Batch A Quiz on Foundation Course / Batch B, Debate in english / Batch C Small Group Discussion on Ethics / Batch D				Peer to Peer Education Demonstration	
	Wednesday						
22	29-Aug-19	District Health Officer Health situation in Andhra Pradesh	Health Insurance for the Poor	How to survive at medical school	Movie Clips Reflections		
	Thursday						
23	30-Aug-19	Reflections	Assessment	Panel Discussion	Cultural/extracurricular activities		

	Friday	Batch A, B	through MCQs	Health Manpower Requirement Deans, Principals, Vice Principals of Medical/ Dental/ Nursing/ Paramedical Colleges	- Students should sing/ talk/play/skit/dance/display their individual non-academic interest or skill
24	31-Aug-19 Saturday	Reflection Batch C, D & E	White Coat Ceremony		Prize Distribution